

# The Lighthouse: A Beacon of Hope and Positivity

A beacon of hope for the students, the Lighthouse provides a platform where students can share stories of positivity, and highlight the good happening around them and in their lives. It encourages creativity, critical thinking, exchange of ideas, and attention to gratitude and appreciation. The aim is to inspire students to participate in realizing the vision of BCG, which emphasizes navigating challenges with resilience and creating a healthy, harmonious society.

Each issue is based on a theme which is decided after much thought and deliberation, in a monthly meeting of the BCG Editorial team comprising student council members and teachers. This is then shared with students in the respective schools. The team selects, proofreads, and uploads articles submitted by the students on a common drive, to compile the issue. Each team takes turns to write the editorial, share puzzles, and research information on interesting topics.

Last year, students contributed articles and poetry, shared strategies and suggestions, and reflected on happy moments. They acknowledged significant moments and people that had a lasting impact on them. They gained valuable perspective by reading words of wisdom, shared by teachers and school leaders. The puzzles, activities, and jokes added a fun, engaging element.

The Lighthouse was well-received by students, parents, and teachers alike. Hoping to sustain the momentum, we look forward to hearing from our students this academic year. Students can email their write-ups for the month, to the Email ID provided to them. We encourage all students to read each edition, share it with friends and family, and send feedback to lighthouse.bcg@gmail.com to enable us to enhance it further.

A big thank you to everyone who contributes to this wonderful publication.

On behalf of the Student Council Members and Teachers,

Avni Vasavada Editor



### **BEING ORGANISED**

As the summer vacation ends, the familiar rhythm of school returns, bringing both excitement and apprehension. Managing schoolwork and other activities can be daunting, but staying organized can make all the difference.

Here are some tips that may help to stay organized this academic year.

- 1. **Stop procrastinating:** Complete the assigned work on time instead of saving it for later.
- 2. **Utilise a Planner:** Keep track of assignments, deadlines for submission of worksheets, and extracurricular activities in a planner.
- 3. Organize tasks: Prioritize tasks based on how

important and urgent they are. Break down large tasks into smaller ones and create to-do lists to stay focused and motivated.

- 4. **Organize the Workspace:** Create a designated study area free from distractions.
- 5. **Establish a routine:** Set a consistent schedule for studying, completing homework, and other activities.

By implementing these tips, we can stay organized and focused throughout the academic year, preparing ourselves for success, both academically and personally.

Submitted by Zaynah Khan (School Captain)

Std. 10, BCSW

# WHAT I MISSED ABOUT SCHOOL

Having known the school brick by brick, every wall contains a memory that I have missed and will miss.

All the fun and mischief I created with my friends, whether it was a healthy competition on the sports ground, or running down to enjoy the last few minutes of break were moments I longed to experience again. Celebrating the joy of getting a free period is one of the priceless feelings that I missed. The peaceful walks back home after a long school day, participating in school events like Annual Day or activities like Republic Day parades, listening to our teachers' anecdotes, making mischief alongside my friends (even though we faced the consequences together), and sharing our lunch boxes during breaks are things that made it to my backpack of memories.

Submitted by Hannah D'Souza Grade 10, BCISE



### MY PLANS FOR THIS ACADEMIC YEAR 2024-25

Every new academic year brings new opportunities for growth and new learning experiences. Setting clear goals and prioritizing them, makes it easier to plan and prepare.

I have planned a productive schedule that efficiently balances both my academics and hobbies because, along with studying hard, we also need some time to unwind! Time for self-study, revisions, and solving past papers is included in my schedule to ensure that I am well-prepared for the exams. I have decided to take care of myself by having a healthy diet and ensuring adequate sleep. Lastly, since it is my last year of school, I want to make the most of it by creating wonderful memories that I will cherish forever.

#### Submitted by Erica Fernandes Grade 10, DSRISM

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# BACK TO SCHOOL!!!

As the summer vacation ends, the familiar buzz of excitement fills the air as we prepare to return to school. It's a time marked by anticipation, new beginnings, and the promise of learning. For us students, it's an opportunity to reunite with our friends, meet new teachers, and embark on intellectual journeys filled with curiosity and discovery. Parents eagerly support us, ensuring we have the supplies and encouragement needed for success. Teachers eagerly decorate classrooms and finalize lesson plans, keen to inspire and guide the students. As our backpacks are filled and classrooms come alive, the back-to-school season reaffirms the importance of education in shaping our bright futures.

Submitted by Tuhina Shaikh Std. 10, BCSW



### BACK TO SCHOOL: AN UNFAMILIARLY FAMILIAR JOURNEY

After a relaxing summer break that felt like it flew by, the new school year begins with excitement and thrill. We've experienced many back-to-school days, finding our new classroom, meeting our new teacher, and reconnecting with friends. Yet, each time, the nervousness of the first day is the same as the excitement. The first day back buzzes with students reuniting, sharing vacation stories, and preparing for the new academic year. Everything feels new, from the books in our backpacks to the uniforms we wear; despite this, the old memories and experiences hold a special place in our hearts. Going back to school with new things signals a long year ahead, filled with new memories, lessons, and personal growth.

#### Submitted by Gargi Lavekar Std. 10, DSRVB



### TIPS ON STAYING ORGANISED THROUGHOUT THE YEAR

To be organized can be tricky! However, staying organized throughout the year can significantly enhance productivity, reduce stress, and create a more balanced lifestyle.

Here are key strategies to help us stay organized year-round:

- Set Clear Goals and Define Objectives: Break these down into quarterly, monthly, and weekly objectives to make them more manageable.
- **SMART Goals:** Ensure the goals are Specific, Measurable, Achievable, Relevant, and Time-bound.
- Use a Planner or Digital Calendar for Daily Planning: Use these to schedule tasks, appointments, and deadlines. Tools like Google Calendar and Microsoft Outlook can be very effective.
- **Time Blocking:** Allocate specific time blocks for different activities to maintain focus and avoid procrastination.
- **Daily To-Do List:** Create this list with the top three priorities for the day.
- Declutter Physical Space Regularly: Regularly declutter and organize the desk, shelves, and files to keep them tidy
- **Implement a Routine:** Establish a morning routine that sets a positive tone for the day, and an evening routine that helps wind down and prepare for the next day.
- **Consistency:** Stick to the routines, as consistently as possible, to build good habits.
- **Review and Reflect:** Take time each week to review what has been accomplished, what went well, and what needs improvement. Adjust plans accordingly.

Staying organized throughout the year requires a combination of planning, consistency, and flexibility. By doing so, we can have a productive year.

Submitted by Thanusree Menon Std. 10, VBSV





I missed it The lovely entrance The stairs and these halls Where memories reside Where hope is found and dreams take flight

I missed it The chatter in the corridors The quiet conversations and sneaky glances at peers during class

### A HOPEFUL LONGING

The recess with friends and the laughter it brings forth

I missed it These rooms, these halls The teachers who have a special place In my heart Who pave the way to success Who gave me teachings I remember

for life



I missed it The place I adore The playing field The classroom The teachers The friends

And now I'm back Ready for it all



Submitted by Kimberly Menezes Std. 10, DSRVM

# **BACK TO SCHOOL**

The school journey is back. With pencils to sharpen, and bags to pack! Faces greet, a joyful throng, Laughter spills where we belong.

Friends beam, with familiar smiles, A reminder of all the traversed miles. A new year ahead, can't wait anymore, With new things to learn, and heights to soar.

Lively chatter echoes through the corridor, Cheerful gleams glitter every floor. Our minds ready, Wisdom strong, A haven of fun, can't be wrong.

With this line, I end my poem, Eager to return to my second home.

Submitted by Aditya Madgavkar Grade 10, DSRISM

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# MY PLANS FOR THE NEW ACADEMIC YEAR

This year is going to be very crucial for our entire batch. It's the last year of school for us. We are going to have our Class 10 board exams at the end of the year. For the new academic year, I plan to set clear academic and personal goals to ensure a productive and balanced experience. I'll focus on improving my grades by developing better study habits and seeking help from teachers when needed. Engaging more actively in class discussions and participating in group projects will enhance my learning. Joining a new club or sport is my agenda to meet new people and explore interests beyond academics. For this year, time management will be crucial, so I plan to create a study schedule that accommodates extracurricular activities along with studies. Additionally, I'll prioritize self-care by maintaining a healthy lifestyle, balancing work with relaxation, and staying connected with friends and family. This year, I aim to grow both academically and personally.

Submitted by Swara Sabnis Std. 10, DSRVB



# MISSING SCHOOL: A PUZZLING FEELING

Missing school is an unexplainable feeling.

I missed the collective groan when assignments were handed out,

The anticipation of the summer break for which we crafted endless plans,

Conversations with teachers who weren't just educators, but 'gurus' for life,

The sense of boundless potential, the belief I could be anyone in these four walls,

Hushed whispers to my friends during class - vigilant to not get caught,

Doodling in each other's notebooks when bored,

The excitement when a routine math class was replaced with games,

and pouncing on our friends' lunch boxes.

Leaving school is celebrated as a grand affair, though in time, we'll yearn for the simplicity of our school days.

#### Submitted by Juhi Samantha Grade 10, BCISE

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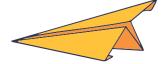




It's that time of the year when empty halls resound with loads of laughter and glee. As school reopens, we have the chance to reunite with our friends and explore our pursuits. School is a place where we grow, explore, and create countless memories; something we cherish for a lifetime. Now is the time to gear up for the upcoming year and build the foundation for our future endeavors. Timetable curation and prioritizing tasks can aid in an unhindered learning experience.

From setting academic goals to pursuing extracurricular passions, I am keen to dive into this new chapter of learning and self-discovery. I am eager to embrace the challenges and triumphs that the new academic year holds!

Submitted by Manya Poojary Grade 10, VBSIS



### EMBRACING NEW BEGINNINGS: A FRESH START TO THE ACADEMIC YEAR

As we approach the start of the new academic year, I am sure that every student out there is full of excitement. It is a time for reflection, and for setting our sights on new goals. This year promises not only a fresh start but also abundant opportunities for growth and achievement.

Each of you has the potential to achieve great things, and setting goals is the first step toward realizing that potential. Setting clear and achievable goals will help to stay on track and make steady progress throughout the year. Let us set new goals that will challenge us to stretch beyond our comfort zone and strive for excellence.

As we know, every new academic year brings with it the chance to wipe the slate clean, to learn from our past experiences and to move ahead with determination. Reflecting on the past, we acknowledge that mistakes are a natural part of learning.

Let us seize this opportunity to make a difference in our lives. With optimism in our hearts and determination in our actions, let us embark on this journey of learning, discovery and personal growth.

Welcome to the new academic year!!!

Ms. Anitha Pujari Teacher – Secondary Section BCISW – BCSW



# A FRESH START

As the new academic year begins, educators and learners are presented with a new opportunity to learn from past experiences and set new, meaningful goals. By reflecting on our successes and shortcomings from the previous year we can analyze our strengths and areas for improvement.

This year students, you should aim for better organization, active participation in the class, and a balanced lifestyle. Simple changes like maintaining a consistent study schedule and embracing healthy habits can significantly impact your well-being and academic performance. Embrace the opportunity to redefine yourself, face challenges with resilience, and build a supportive community with peers and teachers. The new academic year is a chance to correct past mistakes and strive for personal and academic growth, making it a time of potential and new beginnings. Let us approach it with enthusiasm and commitment, ready to achieve success and make positive changes.

As rightly said by James Baldwin, "Not everything that is faced can be changed, but nothing can be changed until it is faced". So, on this positive note let's begin our new academic year with enthusiasm and strong will to turn obstacles into opportunities. Climb the ladder of success day-by-day as success cannot be achieved in a day.

With regards,

Ms. Shabana Adenwala Teacher – Secondary Section BCISE – BCSE



# **CREATING LONG-LASTING FRIENDSHIP**

Relationships are key to our health and happiness. Building strong relationships with classmates enhances the overall school experience and cultivates essential life skills such as teamwork, empathy, and communication. A good classmate participates in creating a healthy classroom environment where students feel energetic, safe, and motivated to learn. There are a few tips which would be of great advantage to make new friends.

- 1. Be an initiator: Talk to your classmate and share something about yourself to break the ice.
- 2. Demonstrate friendly behaviours: What qualities are important to you in a friend, be sure to exemplify those.
- 3. Do not be judgemental: If mindsets do not match, do not jump to conclusions. It is fine because true friends accept you with your flaws.
- 4. Be a good listener: If you listen well, others will feel respected and understood, and warm up to you.
- 5. Join activities/ clubs: Get involved in activities where you are likely to meet others with similar values and interests.
- 6. Stay in touch: After you have interacted with a person, exchange contact numbers, call them, or meet up

frequently.

- 7. Be confident: Confidence makes you like yourself. This helps in being emotionally and physically healthy and is important in developing new relationships.
- 8. Smile: A smile with eye contact, creates a positive effect on the other person and makes him/ her feel comfortable in the conversation.
- 9. Do not have high expectations: It is better to be realistic with your expectations.
- 10. Do small favours: Small acts of kindness or generosity help develop closeness.

The question is how could classrooms become a breeding ground for making friendships? Well, students, you could use some of the above tips to make friends.

Most significant is being polite, and respectful to others, and small acts of generosity and kindness. These pave a long way in developing friends.

Ms. Saira Temrikar Teacher – Secondary Section DSRISM – DSRVM

#### **NAVIGATING NEW DYNAMICS**

June marks the beginning of a new academic year, ushering in fresh opportunities for growth, learning, and transformation. This period offers students a valuable chance to correct past mistakes and set ambitious new goals. As they step into new classrooms, they are greeted by a different set of teachers and a diverse mix of peers. The blend of familiar faces and new classmates can evoke a mix of excitement and apprehension.

Adapting to these changes can be challenging at first. The uncertainty of a new environment and the task of forming new relationships might seem daunting. However, this initial discomfort gradually fades as students begin to find their place. They learn to navigate new dynamics, build connections, and establish a sense of belonging.

Each academic year is a unique chapter, providing a platform for personal and academic development. It encourages students to embrace new challenges and make positive changes in their lives. The fresh start fosters resilience, adaptability, and a renewed sense of purpose. As students settle into their new routines, they realize the potential for growth and the opportunity to redefine themselves.

Ultimately, every new school year is more than just a continuation of the educational journey. It is a powerful reminder of the possibilities that come with new beginnings, inspiring students to create and achieve their aspirations.

Ms. Rosemary Zarif Teacher – Secondary Section DSRISM – DSRVM



### MAKING THE MOST OF THE NEW ACADEMIC YEAR

A new academic year brings new subjects, teachers, and classmates. It's an opportunity to start over, set new objectives, build on past successes, and welcome novel experiences. With an optimistic outlook and an open mind, students need to accept these developments.

Students can successfully navigate the year and make the most of their educational experiences by setting goals, creating routines, welcoming new opportunities, remaining organized, fostering relationships, placing a high priority on their well-being, adapting to challenges, reflecting on their progress, being proactive, and adopting a growth mindset.

A fresh year also offers the chance to form new friendships and be a good classmate. It requires patience, initiative, sincerity, openness, and genuineness. Students may create enduring connections that improve people's lives by putting these techniques into practice.

Ms. Bindu Mastakar Teacher – Secondary Section VBSIS – VBSV

### A NEW SEASON

Bright as the summer with smiles of warmth, welcoming new experiences and opportunities to go forth. Shedding with the fall mistakes of the past, accepting the change an improvement that will last.



A new hope arrives with the first rains of the season. You must let go of the past and grow with the flow. Use kindness as your weapon; it will guide you to conquer peace and have a positive outlook to deal with every task at hand. Your future depends on what you do today so be wise with the choices you make. It is not by chance, but by choice, that you will achieve your goals. Welcome this new season with episodes of seizing opportunities and introducing yourself to a world full of new friends, changes, and experiences.

#### Ms. Sweven Rebello Teacher – Secondary Section DSRISB – DSRVB



Dear Students.

The new academic year has begun. New class, new classmates, and an overwhelming feeling of excitement and a bit of nervousness. It's time to embrace every opportunity, learn new things, and make new friends. The new academic year offers new experiences, moving confidently to acquire new skills and knowledge.

In the course of time, you may feel the routine of school getting monotonous and boring. A bit of understanding and patience will help you to navigate through all your challenges successfully. Your enthusiasm can be infectious for you and your classmates which will help you to enrich your learning experience and make it enjoyable.

Try to be your own idol, and encourage yourself to think critically and creatively to strive for excellence. I am sure this academic year will bring positive experiences and opportunities for growth.

As rightly said by B.J Morbitzer, "To believe is to know that every day is a new beginning."

Ms. Ritu Jeswani Teacher – Secondary Section DSRISB – DSRVB

# ACTIVITY

Attention students! Here's a riddle for you to solve, and it's all about nature.

- Can run but never walks, has a mouth and never talks, Has a head but never weeps, has a bed but never sleeps?
- What breaks but never falls?
- What has a bark, but no bite?
- I am a food with 5 letters. If you remove the first letter, I am a form of energy. Remove two and I'm needed to live. Scramble the last 3 and you can drink me down. What am I?
- Violet, indigo, blue and green, yellow, orange and red; these are the colors you have seen after the storm has fled. What am I?
- Which animals can jump higher than a tree?

Answer Key: 1. River 2. Dawn 3. Tree 4. Wheat 5. Rainbow 6. All of them. Trees can't jump



# SCHOOL CORNER

#### From the Principal's Desk

**Dear students** 

Welcome back to school! It is with great enthusiasm and joy that I greet each one of you as we commence the new academic year 2024-25! I hope you are ready to embark on an exciting journey of learning, growth, and discovery.

This academic year, aim to set new goals and approach them with enthusiasm and determination. Each day at school brings new opportunities, and it is up to us to seize them with open minds and hearts. Remember, school is not just a place for academic achievements, but also a community where we support one another, celebrate our successes, and learn from our challenges.

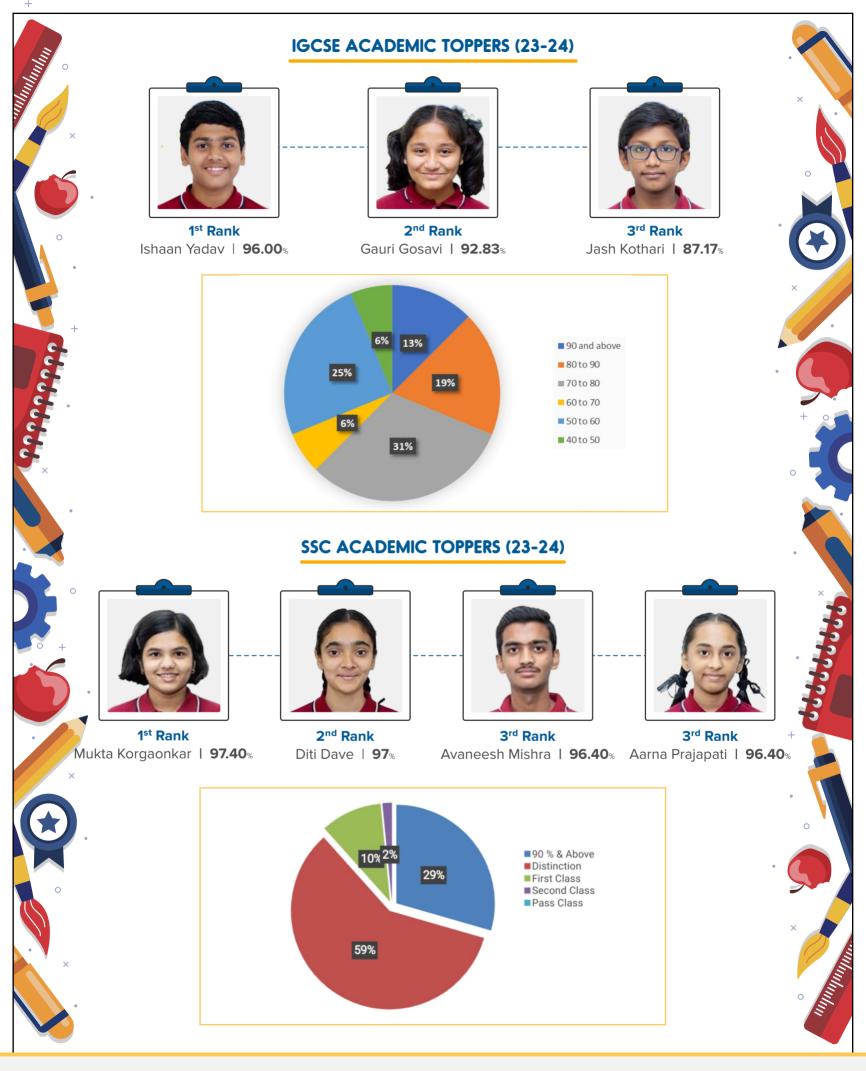
Let's make this year one of collaboration, creativity, and kindness. Embrace the new experiences that come your way, and don't be afraid to step out of your comfort zone. Whether it's participating in a new activity, making new friends, or taking on a challenging project, each step you take will contribute in shaping your personality.

Together, let's create an environment filled with positivity and happiness. I am confident that with hard work, perseverance, and a positive attitude, we can achieve great success this year.

Welcome back, and let's make this academic year a memorable one!!

Warm regards,

Ms. Manisha Arondekar Principal



Did you like our newsletter? Do send your feedback and share your stories of positivity in real life. Be a part of the movement to build a positive and a harmonious society. Write to us at lighthouse.bcg@gmail.com